

A La Carte

MENU

Breads & Nibbles

Pane e Olive <i>Vê</i> - Bread and olives	6
Bruschetta <i>Vê</i> - Toasted bread, tomatoes, onion & basil	6
Pizza Bianca all' Aglio <i>Vê</i> - Garlic pizza bread, plain	6
Pizza Napolitana <i>Vê</i> - Garlic pizza bread, tomato sauce	7
Pizza Mozzarella <i>V</i> - Garlic pizza bread, mozzarella	7
Pizza Piccanti di Rosemarino <i>Vê</i> - Garlic pizza bread, chilli & rosemary	7
Pizza Pomodoro e Mozzarella <i>V</i> - Garlic pizza bread, mozzarella, tomato sauce	7.5

Starters

Minestrone <i>V</i> - 8 Minestrone soup, freshly baked bread	Asparagi <i>Gf</i> - 10 Asparagus, parma ham, rosemary & garlic	Funghi alla Crema <i>V Gf*</i> - 9.5 Button mushrooms, garlic, cream, mascarpone
Pate della Casa - 9 Chicken liver pate, toast, berry chutney	Alette di Pollo alla BBQ <i>Gf*</i> - 9.5 Spicy chicken wings, Italian BBQ sauce	Burrata <i>V Gf*</i> - 10 Burrata, caponata, toast
Arancini ai Funghi <i>V</i> - 10 Deep fried risotto balls, ricotta, mushroom, honey, tomato sauce, rocket	Costolette alla Fresca - 11.5 Italian style ribs, home-made BBQ sauce	Mozzarella Fritti <i>V</i> - 9 Deep fried breaded mozzarella, tomato salsa
Fegato <i>Gf*</i> - 10 Chicken livers, grapes, port, cream, crouton	Gamberoni Piccanti <i>Gf*</i> - 13 Tiger prawns, chillies, white wine, garlic, crouton	Calamari Fritti - 10.5 Deep fried floured squid, garlic mayo
Polpette al Forno - 10.5 Meatballs, tomato sauce & mozzarella	Gamberoni Primavera <i>Gf*</i> - 12.5 Prawns, smoked salmon, Marie Rose, mixed leaves, freshly baked bread	Piatto di Carne <i>Gf*</i> - 10.5 Salami Napoli & Milano, mortadella, roasted peppers, olives

Mains

Vegetarian & Salads

Melonzana alla Parmigiana <i>V Gf</i> Sliced aubergines layered with tomato, mozzarella & parmesan, oven baked & served with a mixed salad	Small 10/Main 15	Insalata Caprese <i>V Gf</i> Sliced tomatoes, buffalo mozzarella, red onions & balsamic dressing	Small 8.5/Main 12.5
Insalata di Pollo Caesar <i>Gf*</i> Chicken breast, crispy Parma ham, egg, gem lettuce, anchovy, parmesan, croutons, Caesar dressing	Small 11/Main 18	Insalata di Salmone <i>Gf*</i> Smoked salmon, crayfish tails, onion, capers, tomato, olives, rocket, lemon & olive oil dressing	Small 12/Main 18.5
		Insalata di Barbabietola <i>V Gf*</i> Roasted beetroot, buffalo mozzarella, candied walnuts, rocket, semi-dried tomato	Small 10/Main 15

Meat

Pollo alla Fresca <i>Gf*</i> - 21 Chicken breast, mushroom, parmesan, onion, cream, gnocchi	Bistecca Della Casa <i>Gf*</i> - Rump 26/Fillet 32 Rump or Fillet steak, served with a choice of peppercorn or dolcelatte sauce, or pan-fried onions, mushrooms & tomato	Fish
Pollo Diavolo <i>Gf*</i> - 21 Chicken fillets, peppercorn sauce, basmati rice	Bistecca Rossini <i>Gf*</i> - Rump 27/Fillet 32.5 Rump or Fillet steak, crouton, pate, madeira sauce	Salmone Gambressa <i>Gf</i> - 24 Salmon fillet, crayfish, cream & lemon spinach, roasted new potatoes
Pollo Valdostana - 21 Breaded chicken breast, parma ham, mozzarella, tomato, garlic & basil spaghetti	Bistecca Nerone <i>Gf*</i> - Rump 27/Fillet 32.5 Rump or Fillet steak, pancetta, peppers, red onion, chilli, cream & red wine sauce	Spigola Romeo <i>Gf</i> - 25 Sea bass fillet, tiger prawns, white wine, lemon, new potatoes
Pollo Cacciatore <i>Gf</i> - 21 Chicken breast, peppers, onion, mushroom, olives, tomato sauce, roasted new potatoes	Bistecca Surf & Turf <i>Gf*</i> - Rump 29/Fillet 35 Rump or Fillet steak, tiger prawns, garlic butter, peppercorn sauce <i>(All steak dishes are served with hand-cut chips)</i>	Merluzzo Cappero <i>Gf</i> - 25 Cod, anchovy, caper, olives, new potatoes, spicy tomato sauce
Maiele Firenze <i>Gf*</i> - 22 Pork steak, mushroom, red onion, wholegrain mustard, creme fraiche, crushed new potatoes	Beef Stroganoff <i>Gf</i> - 26 Sliced fillet of beef, paprika, gherkin, French mustard, onion, mushroom, brandy, cream, basmati rice	Monkfish e Gamberoni <i>Gf*</i> - 25.5 Monkfish fillet wrapped in parma ham, king prawns, cannellini beans, fennel, gnocchi, light tomato broth
		Gamberoni Roma <i>Gf</i> - Starter 14/Main 26 Tiger prawns, garlic, basil, chilli, red onion, tomato sauce, basmati rice

Pizza

<i>(Additional toppings £1.5)</i> <i>We stock gluten free pizza bases £1.5 surcharge & vegan cheese available</i>	
Pizza Margherita <i>V</i>	10.5
Tomato sauce, mozzarella cheese & fresh basil	
Pizza Calabrese	14
Tomato sauce, mozzarella, pepperoni & mixed olives	
Pizza Prosciutto e Funghi	14
Tomato sauce, mozzarella, ham & mushrooms	
Pizza Hawaii	14
Tomato sauce, mozzarella, ham & pineapple	
Pizza Fresca <i>V</i>	14
Tomato sauce, goats cheese, garlic, spinach & peppers	
Pizza Carciofo <i>V</i>	14.5
Tomato sauce, mozzarella, artichoke, semi-dried tomatoes, olives & chilli	
Pizza Napoli	14.5
Tomato sauce, mozzarella, anchovies, capers & fresh basil	
Pizza Siciliana <i>V</i>	14.5
Tomato sauce, mozzarella, fennel, mushrooms, courgette ribbons & truffle oil	
Pizza Festa di Carne	15
Tomato sauce, mozzarella, chicken, pepperoni, beef & ham	
Pizza al Tonno	15
Tomato sauce, mozzarella, tuna flakes, spinach, olives & red onion	
Pizza Pollo e Nduja	15
Tomato sauce, mozzarella, chicken, nduja, caramelised onions & chilli	
Pizza Mortadella	15
Tomato sauce, mozzarella, mortadella, peppers, rocket, pesto	
Pizza Parma e Rucola	15
Tomato sauce, mozzarella, parma ham, rocket & parmesan	
Pizza Calzone	16
A folded pizza stuffed with tomato sauce, mozzarella, chicken, beef, garlic & spinach	

Sides

Patatine Fritte <i>Vê</i> - Hand-cut chips or fries	4.5
Patate Novelle <i>V Gf</i> - Roasted new potatoes	4.5
Verdure di Stagione <i>V Gf*</i> - Seasonal vegetables	4.5
Asparagi Imburatti <i>V Gf</i> - Buttered asparagus	5.5
Zuchine Fritti <i>V</i> - Deep fried courgette	5.5
Spinaci <i>V Gf*</i> - Spinach, lemon, cream, garlic	5
Piselli con Pancetta <i>Gf*</i> - Peas, pancetta, mint	5
Cavolofiore <i>Vê Gf*</i> - Roasted cauliflower	5
Insalata di Pomodori <i>Vê Gf</i> - Tomato salad	5
Parmesan e Rucola <i>Vê Gf</i> - Parmesan & rocket salad	5
Insalata Mista <i>Vê Gf</i> - Mixed leaf salad	5
Patatine al Tartufo <i>V</i> - Truffle & parmesan fries	5

Pasta & Risotto

Small Pasta £10 - <i>We stock egg & gluten free pasta</i>	
Lasagne	15
Layers of pasta, bolognese sauce, mozzarella, parmesan	
Cannelloni Ricotta e Spinaci <i>V</i>	14
Ricotta & spinach filled pancake, cream & tomato sauce, mozzarella	
Cannelloni di Pollo	15
Chicken & spinach filled pancake, cream & tomato sauce, mozzarella	
Spaghetti Carbonara	15
Pancetta, egg yolk, parmesan, cream	
Spaghetti Bolognese	15
Slow-cooked beef ragu, tomato sauce	
Spaghetti Zucchini <i>V</i>	14
Courgette, rocket, pesto, pine nuts	
Pappardelle al Polpette e Pomodoro	15
Home-made meatballs, tomato sauce	
Pappardelle Gamberoni	17.5
King prawns, spinach, nduja, dolcelatte	
Linguine Frutti di Mare	17.5
Mussels, clams, prawns, tomato, chilli, basil	
Linguine Granchio	17
Crab, mint, lemon, garlic, chilli	
Linguine ai Funghi <i>V</i>	14
Mixed mushrooms, spinach, garlic, parmesan, cream	
Penne ai Salmone	16
Smoked salmon, peas, cream	
Penne Markotte <i>Vê</i>	14
Courgette, aubergine, peppers, olives, red onion, garlic, tomato sauce	
Penne Pollo e Funghi	16
Chicken, mushroom, rosemary, cream, red wine	
Penne Teresa	17.5
Pan fried beef, peppercorn sauce	
Penne Arrabiata	17
Chicken, pepperoni, red onion, peppers, chilli, tomato sauce	
Risotto Romano <i>Vê Gf</i>	15
Roasted garlic & beetroot, spinach, pine nuts	
Risotto al Pollo <i>Gf</i>	17
Chicken, pancetta, courgette, lemon, peas, thyme	
Risotto di Pesce <i>Gf</i>	17
Prawns, smoked salmon, mussels, clams, peas & saffron	
Ravioli Aragosta	17
Lobster ravioli, crayfish, peas, white wine, cream, lemon	

We can cater for many intolerances & dietary requirements, please mention what you require when ordering & we'll endeavour to accommodate. We stock gluten free pasta & pizza bases. However, while we strive to maintain the integrity of all our dishes, Fresca is a multi-kitchen environment & so we cannot guarantee any dish is completely free of nuts or any allergens.

V – Suitable for Vegetarians *Vê* – Gluten Free *Gf** – Can be altered to be Gluten Free, please ask your waiter for details